

Jack Trotter Foundation
FOR SPINAL CORD INJURY

ANNUAL REPORT

2024



TABLE OF CONTENTS

LETTER FROM THE FOUNDER 1

FOUNDATION OVERVIEW 2

FINANCIAL HIGHLIGHTS 3

LEADERSHIP SPOTLIGHT 4

2024 EVENTS 6

QUALITY OF LIFE GRANTS 7

ADVANCED RECREATION THERAPY 8

EDUCATION 9

PARTICIPANT PERSPECTIVES 10

THANK YOU TO OUR SUPPORTERS 11

FUTURE OUTLOOK 12

CONTACT INFORMATION 13

LETTER FROM THE FOUNDER

Dear JTF Community,

It's hard to believe that 2024 has gone by so quickly! As I reflect on this year, I find myself thinking beyond the past twelve months to the incredible growth we've experienced since it all began three years ago. The unwavering support from friends, community members, and champions has been instrumental in helping us deliver on our promise to stand by those navigating life after SCI.

When I think about the big picture, limiting our perspective to a single year doesn't capture the full story. Instead, consider how 2024 has created opportunities for us to see the impact we envisioned when JTF was just an idea. In more ways than one, these opportunities have led us to further our mission of improving the lives of those living with an SCI across the nation.

What isn't lost is the understanding of what the early days of recovery from a traumatic injury look like. The journey is long and the barriers to independence become increasingly more present as the days go by. It becomes hard to envision a brighter future if everything were to stay the same. There are no breaks from SCI and no pauses on living with a disability.

Yet people are remarkably adaptable. Finding innovative ways to improve independence, pursue passions, and become educated on embracing life is not just a goal- it's a human right. It's about empowering individuals to take control of their lives and create a better world for themselves and those around them. SCI isn't something anyone plans for, but pursuing a meaningful life is something we can strive toward with the right resources, support, and determination.

This year, we've taken significant steps to expand our ability to impact lives at every stage of recovery. Support is more than a one-time gesture; it's an ongoing commitment. Thanks to our incredible supporters, we've dedicated much of this year to creating a space where individuals can not only find comfort in returning to their lives, but also, open doors to opportunities they once thought impossible.

I thank you for believing in our mission and helping us move forward with your support. Becoming involved with JTF is more than a commitment-it's an opportunity to transform lives. Until SCI is solved, JTF will continue improving the path for independence, fostering community, and reminding others what it takes to win the day.



JACK



FOUNDATION OVERVIEW

WHAT WE DO

We value meeting the person where they are through spinal cord injury recovery. Injuries differ in many ways, and it's important to find personalized solutions that allow individuals the opportunity to live a more independent life. Our programs are designed to provide a holistic approach around living with an SCI.

OUR MISSION

To positively impact individuals living with a spinal cord injury to create independence, access new and innovative opportunities, and provide resources that promote a better quality of life.

OUR PROGRAMS

- Quality of Life Grants
- Advanced Recreation Therapy
- Education

FINANCIAL HIGHLIGHTS

OVERVIEW

This year, the Jack Trottier Foundation reached significant financial milestones. With a total revenue of **\$543,000**, we achieved an impressive **12.91%** increase compared to the previous year. Key fundraising efforts, including the **Falmouth Road Race** and our annual **Cornhole Tournament**, contributed **\$66,000** to this success.

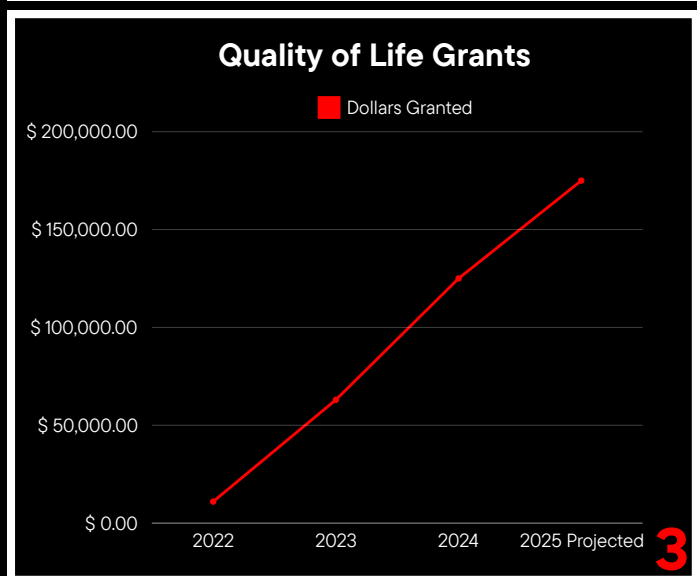
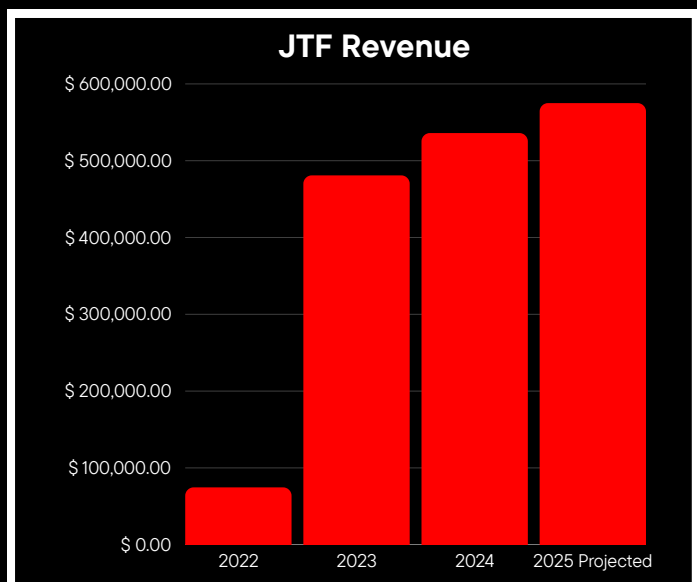
In addition to monetary donations, the foundation received major **in-kind contributions**, including event space, event supplies and marketing support. The **McGovern Automotive Group** continued as a sponsor for the third consecutive year, and the **Tyngsboro Sports Center** hosted the Cornhole Tournament. Additionally, **Big Night Live** and **Flecha Azul Tequila** were major donors for our Storytellers Premiere event. Major donors contributing over **\$10,000** included the **Travis Roy Foundation**, the **Cleveland Foundation**, and **Nordson Medical**.

Our commitment to supporting individuals' quality of life remained strong, as we awarded **\$125,000** in grants. Additionally, we invested **\$30,300** in advanced recreation therapy programming, fostering innovative opportunities for inclusive activities. Education also remained a cornerstone of our mission, with **\$55,718** dedicated to empowering our community through knowledge and skill-building.

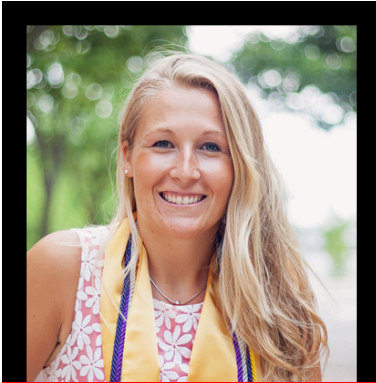
Revenue **\$543,000**

Events **\$66,000**

Programming Expenses **\$236,000**



LEADERSHIP SPOTLIGHT



**ANNA
DRAINVILLE**

OTD, OTR/L, CTRS

Program and Development
Coordinator

EXPANDING OUR TEAM FOR GREATER IMPACT

This year, our foundation made a pivotal investment in our mission by hiring Anna Drainville as our dedicated Program and Development Coordinator. Anna's background and expertise uniquely align with our commitment to enhancing quality of life and opportunities for individuals with spinal cord injuries.

Anna brings a dual background as an Occupational Therapist and Recreational Therapist, with extensive experience in healthcare and community settings. Her work has spanned inpatient and outpatient rehabilitation, telehealth, and community-based programs, with a specialized focus on supporting individuals with SCI. This perspective has enriched our programs with innovative, evidence-based approaches to therapeutic recreation and adaptive programming.

Since joining our team, Anna has been instrumental in:

- Expanding Program Reach: Developing new and inclusive recreational opportunities tailored to the needs of the SCI community.
- Advancing Grant Funding Efforts: Assisting in researching and expanding grant funding opportunities, enabling the foundation to secure resources that directly support our three program areas.

Anna's dedication and expertise have already elevated the foundation's ability to serve the SCI community and inspired exciting new initiatives. As we look ahead, her leadership will continue to shape our impact, ensuring that every program and resource we offer makes a meaningful difference in the lives of those we serve.

In 2024, we also experienced a new phase of growth by restructuring our **Associate Board** and introducing an **Executive Board** to our leadership team. These changes reflect our commitment to building a holistic and impactful governance structure that aligns with our mission and long-term strategic goals. The Associate Board has been streamlined to focus on driving change and fostering philanthropy, while the newly established Executive Board comprises individuals with nonprofit expertise, a diverse range of industry leaders, and executive oversight capabilities. We are thrilled to collaborate with our enhanced leadership team and look forward to the positive impact it will bring in 2025 and beyond.

EXECUTIVE BOARD MEMBERS



Josh Wickens
Chairman
Facilities Manager
Tyngsboro Sports Center



Derek Lawton
Clerk
Principal
North Street Properties



Robert Engel
President
API of NH



Michael Feinberg
Executive VP
Alliant Insurance Services, Inc



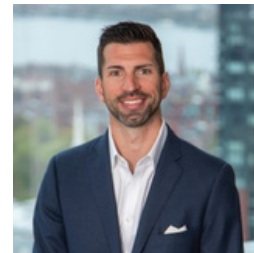
Lisa Hemmerle, CPA
Director, Department of
Economic Research
MA Executive Office of Labor
and Workforce Development



Arthur Page
Of Counsel
Hemenway & Barnes



Chester Szablak
Executive VP, Chief of Sales,
Community and Customer
Relationship Officer
Enterprise Bank

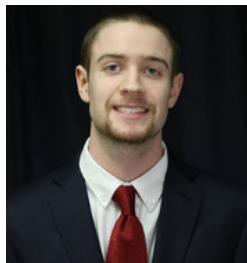


Michael Szablak,
CFP
VP of Wealth Management
UBS

ASSOCIATE BOARD MEMBERS



Jude Alamo
Neurological Exercise Specialist
Journey Forward



Dylan Kirby
MA Vaccines for Children
Program Coordinator
MA Department of Public Health



Monique Martin,
MBA
Entrepreneur



Devon Milligan
Channel Account Manager
Netsuite



Eric Morrison, CIA
Deputy ACFO of Fiscal
Systems
Massachusetts Trial Court



Samantha Trottier
Executive Assistant to
Development
Planned Parenthood League
of Massachusetts

2024 EVENTS



CORN HOLE TOURNAMENT

MAY 5, 2024 | Tyngsboro Sports Center, MA

- 56 total teams
- 22 sponsors
- \$54,000 raised

FALMOUTH ROAD RACE

AUGUST 8, 2024 | Falmouth, MA

- 7 runners
- 90 donors
- \$12,000 raised



EDUCATION LAUNCH PARTY

OCTOBER 19, 2024 | Spyglass Brewery
Nashua, NH

- 60 attendees

STORYTELLERS PREMIERE

NOVEMBER 19, 2024 | Big Night Live
Boston, MA

- 250 attendees



QUALITY OF LIFE GRANTS

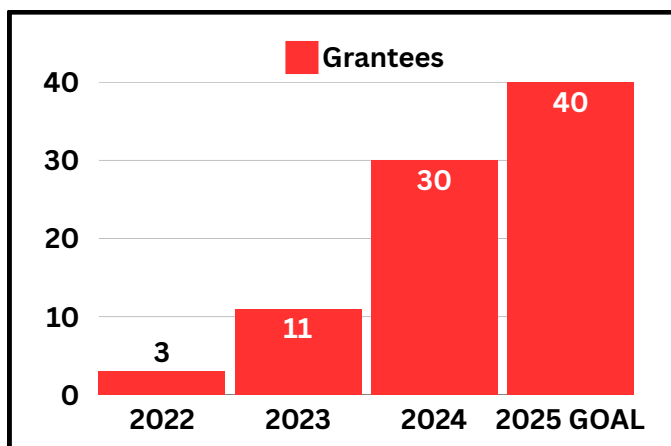
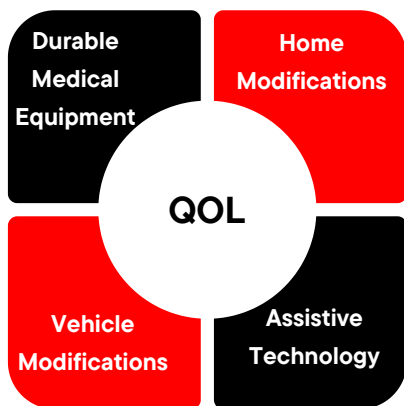
30 GRANTS AWARDED

↑ 172.73 %
from 2023

TOTALING \$125,000

with an average of \$4,155.38 per grant

Financial assistance to improve independence through



"Thank you to the Jack Trottier Foundation for their generous grant which allowed us to purchase a power lift and have it installed. It has truly been a game changer for me. I'm so grateful and feel blessed to be home with my family. The power lift made this possible - without it I would not be able to get in and out of my home. More recently I have been using the lift to get outside and go for walks around our neighborhood. It feels so good to get fresh air and it definitely helps with my mental health too."

NATHAN POOLE
2024 Grant Recipient

ADVANCED RECREATION THERAPY

adaptive sports

adaptive activities

transformative experiences

enhance physical and mental health, foster lasting memories and friendships, and promote independence



IMPACTED 120+ INDIVIDUALS

Local Programming

in partnership with



Adaptive Surf Day - Westport, MA

Adaptive Water Ski
Clinic - Tyngsboro, MA

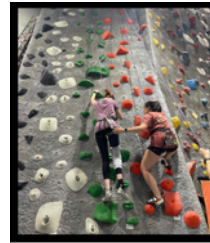
National Programming

in partnership with



Shepherd Center

Atlanta Braves Baseball
Atlanta United FC in the Sky Suite
Adaptive Skiing - Park City, Utah
Adaptive Surfing - Charleston, SC
Outdoor Adventure - Steamboat
Springs, CO



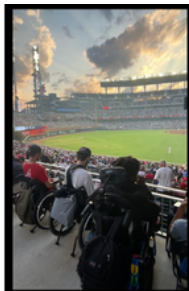
WIN THE DAY

JTF proudly introduces our ART mantra:

“Win the Day.”

This mantra is for those who choose to live fully and triumph today. At its core, “Win the Day” embodies equality of opportunity—giving everyone the chance to pursue their dreams, enhance their lives, and embrace the fullness of life.

Whether it's through experiencing adaptive recreation or finding the support to break through barriers and achieve new heights, individuals in our program are empowered to take charge of their journey, one day at a time. Together, we celebrate resilience, progress, and the spirit to *WIN THE DAY*.



EDUCATION



This year, the Jack Trotter Foundation proudly expanded its programming to include SCI education. A highlight of this new initiative was the launch of the **Kindness Matters** campaign at Tyngsboro Elementary School, aimed at fostering SCI awareness among youth. The campaign featured a t-shirt design contest, which was won by third grader Paityn, whose creative design captured the spirit of the campaign.



THE POWER OF FILM

Additionally, the foundation introduced the **Storytellers** docu-series, beginning with **Volume One: Jake Thibeault**. The series debuted with a trailer launch party on October 19th at Spyglass Brewing Company, followed by a full documentary premiere at Big Night Live in Boston on November 19th.

The film expresses the profound and often unseen challenges faced by individuals at the beginning of an uphill journey with paralysis. Through intimate interviews, films can capture the resilience, daily struggles, and personal triumphs of those navigating life with an SCI. It highlights the innovative therapies and support systems that are transforming lives, while also shedding light on the emotional and psychological impact of such injuries. Storytellers films aim to inspire and educate, offering a poignant look at human strength and the relentless pursuit of independence and quality of life. Storytellers is much more than a story. It's a chance to learn, prepare, assess, and find gratitude. In an effort to promote a positive outlook for individuals newly navigating life with SCI, and to encourage accessibility, inclusivity, and injury prevention, the foundation began offering screenings of the documentary to local healthcare centers, schools, and businesses.



PARTICIPANT PERSPECTIVES



**JACQUES
MATELLUS**
2024 QOL Grant Recipient

"I am incredibly grateful to have the WHILL wheelchair. Not only is it incredibly stylish, sleek, and lightweight, but it also disassembles; which gives me the flexibility to make last-minute changes in my plans. As a full-time power chair user, I don't take that for granted. Another thing I love about this chair is its adjustable height. I've been too tall for all of the foldable power chairs that I've tried, so it's nice to be able to adjust this chair to my liking."

"This life-changing experience has changed my perspective on my injury as a whole. Being surrounded by so much joy and such a diverse set of people has taught me so much about how I can pivot and live a long life as a person with a spinal cord injury. I had never been skiing even before my injury and being able to try this as open my eyes to an entire new sport."



**PARIS
CARTER**
2024 ART Participant

THANK YOU TO OUR SUPPORTERS

\$250+ DONATIONS

Air General Inc.

Brian Allison

Anonymous (3)

Charles Ash

Big Night Live

Richard Bowler

Boston Scientific

Hester Brooks

The Building People

Douglas Butler

John Carson

The Cleveland Foundation

Beth Craig

Kacey Decker

Shawna DeFrancesco

Barry Dick

Tim Dick

Reed and Paula Dickinson

Edward Dudley

EMD Serono

Bob and Colleen Engel

Enterprise Bank

Equifax

Flecha Azul Tequila

Grainger

Gerard Hall

Mark Hill

Jill Hurwitz

Indus

Jeanne D'Arc Credit Union

Dennis Lacombe

Derek Lawton

Paul Lindenfelzer

Norman Martin

McGovern Automotive

Keith Mercier

Merrimack Equipment

Merrimack Financial

Rob and Mary Miller

Dale Morrison

Eric Morrison

New England Motorcar

Nordson Medical

North Street Properties

Richard O'Brien

Cheryl O'Neill

Patricia O'Conner

Ryan Olney

Arthur Page

Paper Clouds Apparel Inc

Barbara Pennick

Kim Perez

Suzanne Pitera

Andrew Shifres

Short and Sweet Bakery

Barbara Smith

Beth Spinazzola

Spyglass Brewing Company

Bridget Stanford

John Stanton

Lindsey Tolan

Travis Roy Foundation

John Troiano

Jack Trottier

Kimberly Trottier

Tyngsboro Sports Center

Wellman Healthcare Group

Josh Wickens

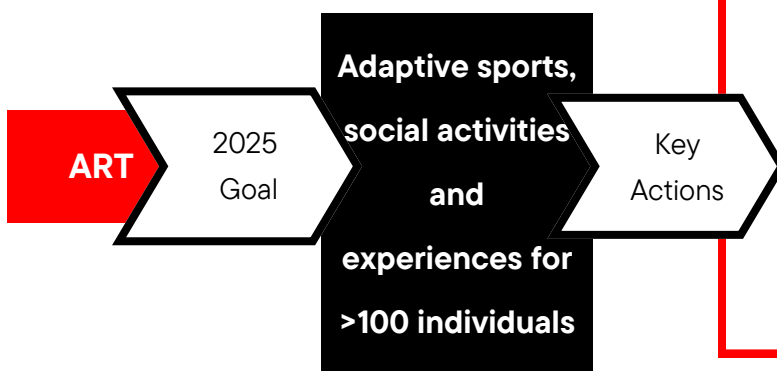
Rosanna Woodmansee



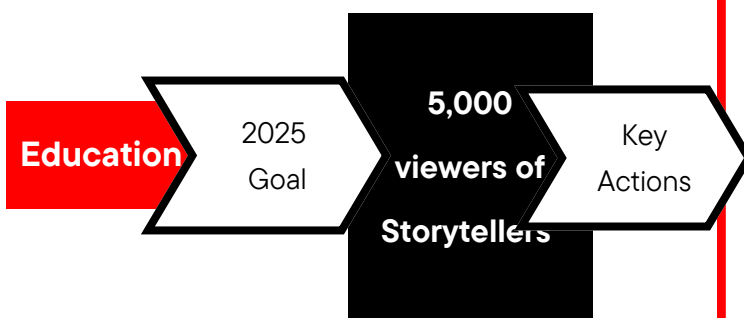
FUTURE OUTLOOK



- Strengthen partnerships with community organizations to identify and reach more potential grant recipients.
- Secure additional resources through grants, sponsorships, and individual donations to support the increase in grants fulfilled.
- Use targeted marketing campaigns and success stories to raise awareness about the QOL program and its impact.



- Introduce new sports and activities tailored to diverse abilities and interests.
- Collaborate with local organizations and venues to host inclusive recreational events.
- Use targeted marketing and community events to raise awareness and encourage participation.



- Promote the documentary on social media and video-sharing platforms to expand its reach.
- Collaborate with schools and organizations to host screenings and discussions around the documentary.
- Organize virtual or in-person events to showcase the documentary and engage audiences in meaningful conversations.

CONTACT US



Email

info@jacktrottierfoundation.org

Website

www.jacktrottierfoundation.org

Address

44 Chestnut Road
Tyngsboro, MA 01879

Find Us On





BRAYTON
MFG. CO.

PRO SOLUTION

WICKED CORNHOLE
EVENTS

